



**Smt. Chandibai Himathmal Mansukhani College,
Ulhasnagar -3
&**



**Balvant Parekh Centre for General Semantics and Other
Human Sciences, Baroda**

NODAL CENTRE FOR GENERAL SEMANTICS (2019-2020)

A Certificate Course on

Key Concepts in General Semantics

- **Course Rationale:**

Our thoughts and the way we think and handle our emotions play a significant role in our life. It is our thinking that decides whether our actions are constructive or destructive; whether we are efficient or inefficient, productive or unproductive, sensible or foolish. So, learning and adopting better ways of thinking is a fundamental requirement for personal as well as professional development of an individual. The approach of General Semantics offers an uncommon tool to improve the process of our thinking and to channelize it towards constructive behaviour. For this purpose, the Nodal Centre for General Semantics is offering a Short Certificate Course on "Key Concepts in General Semantics".

- **Course Objectives:**

This course introduces the participants to the key concepts in General Semantics. The course aims at learning the fundamentals of the General-Semantics Approach and to enable young students to think and act sensibly by applying the General-Semantics Approach to the everyday life.

- **Learning Outcomes:**

At the end of the Course, students should be able to –

- Bind time effectively
- Use language more consciously
- Apply scientific attitude
- To address issues of everyday life sensibly

- **Duration:**

The total duration of the course will be 30 clock hours. 23 clock hours will be devoted for lectures, while 07 hours are devoted for students' assignments, group discussion, reading, etc. The entire course will be conducted in a single phase of maximum 15 days.

- **Eligibility and Registration:**

All graduate and postgraduate students (17 to 22 years) of all disciplines and faculties are eligible to take up this course. There are no preconditions other than openness of mind, mutual respect, honest engagement on the subject, and regular attendance. Registration can be done by giving an application in the prescribed form along with the registration fees of Rs. 300/- (Rupees Three Hundred Only) which is non-refundable. Study material will be provided.

- **Faculty:**

The course will be taught by the expert in-house faculty.

- **Assessment:**

Students will be examined through internal and self-study methods such as PPT, assignments and readings. Minimum 80% attendance, and 90% submissions of the work assigned is mandatory for the students to become eligible for getting the certificates. There is no grading system. Certificates of successful completion of the course will be awarded at the end of the course.



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• **Syllabus:**

Unit – I

Introduction to General Semantics – Korzybski's Quest – 'Two Worlds' and the Problem with 'Language' – What Makes us Human, Human? – Distinguishing Sanity from Insanity – Role of Assumptions – Significance of Scientific Attitude

(02 Hours)

Unit – II

Time-Binding – Concept – Being Human and Time-Binding – Taking Responsibility – Personal Time-Binding

(02 Hours)

Unit – III

Process of Abstraction – The Process World – Brain and Nervous System – Perceiving Our World – Understanding Abstraction

(02 Hours)

Unit – IV

Structural Differential – Levels of Abstraction – Consciousness of Abstraction – Taking Responsibility of the Meaning We Give

(02 Hours)

Unit – V

Map-Territory Relationship – Foundational Principals – Cartographic Abstraction – Mental Maps – Language as Maps – Consciousness of Mapping

(02 Hours)

Unit – VI

Verbal and Non-Verbal Awareness – Differentiating Facts from the Inferences – Determining the Degree of Truth – Contemplating – Sensory Awareness – Challenging Assumptions Non-Verbally

(02 Hours)

Unit – VII

Structure of Language – Aristotelian and Non-Aristotelian System – Using Language Effectively – Non-Identity – Non-Elementalism – Non-Allness – Self-Reflexive Mapping

(02 Hours)

Unit – VIII

Extensional Orientation – Enhancing Communication – Internal and External Orientation – Delayed Evaluation – Extensional Devices and Techniques

(02 Hours)

Unit – IX

Emotional Intelligence – Rational Emotive Behaviour Theory (REBT) and General Semantics

(02 Hours)

Unit – X

Applying General Semantics (Self-Learning) – Stress – Indecisiveness – Addiction – Relationship Issues – Diversity and Socio-Political Identity

(10 Hours)

Unit – XI

What Korzybski Wants? – Revisiting Korzybski's Quest – Reflections and Summing-Up

(02 Hours)

• **Key Course-Readings:**

- Johnson, K. (2004): "General Semantics: An Outline Survey", The Institute of General Semantics, USA
- Kodish, S. and Kodish, B. (2011): "Drive Yourself Sane: Using the Uncommon Sense of General Semantics", Extensional Publishing, USA
- Levinson, M. (2006): "Sensible Thinking for Turbulent Times", iUniverse Inc., USA
- Sawin, G. (1995): "Thinking and Living Skills: General Semantics for Critical Thinking", (ed.), International Society for General Semantics, USA
- Mishra, D. (2014): "General Semantics: A Critical Companion", (ed.), Pencraft International



• **Schedule:**

20 Hours Sessions, 03 Hours Activity-Based Learning and 07 Hours of Self-Learning

Date / Time	Faculty	Syllabus	No. of Hours
10/02/2020 12.00 to 02.00 pm	Dr. Dipesh Karmarkar	Introduction to General Semantics Korzybski's Quest – 'Two Worlds' and the Problem with 'Language' – What Makes us Human, Human? – Distinguishing Sanity from Insanity – Role of Assumptions – Significance of Scientific Attitude	02
11/02/2020 12.00 to 02.00 pm	Dr. Samuel Wesley	Time-Binding Concept – Being Human and Time-Binding – Taking Responsibility – Personal Time-Binding	02
12/02/2020 12.00 to 02.00 pm	Ms. Sitara Menon	Process of Abstraction The Process World – Brain and Nervous System – Perceiving Our World – Understanding Abstraction	02
13/02/2020 12.00 to 02.00 pm	Dr. Jayashree Panicker	Emotional Intelligence Rational Emotive Behaviour Therapy (REBT) and General Semantics	02
14/02/2020 12.00 to 02.00 pm	Dr. Hitasha Rohra	Structural Differential Levels of Abstraction – Consciousness of Abstraction – Taking Responsibility of the Meaning We Give	02
15/02/2020 12.00 to 02.00 pm	Dr. Dipesh Karmarkar	Map-Territory Relationship Foundational Principals – Cartographic Abstraction – Mental Maps – Language as Maps – Consciousness of Mapping	02
17/02/2020 11.00 to 12.00 noon	Dr. Chandrasheel Tambe	Applying General-Semantics (Activity-Based Learning) Diversity & Socio-Political Identity (Students Activities – Group Discussion & Class Assignment)	01
18/02/2020 12.00 to 02.00 pm	Ms. Sitara Menon	Applying General-Semantics (Activity-Based Learning) Stress – Indecisiveness – Addiction - Relationship Issues (Students Activities – Role Plays & Class Assignment)	02
20/02/2020 12.00 to 02.00 pm	Dr. Samuel Wesley	Extensional Orientation Enhancing Communication – Internal and External Orientation – Delayed Evaluation – Extensional Devices and Techniques	02
16/02/2020, 19/02/2020 21/02/2020	Students Assignment Preparation		06
22/02/2020 12.00 to 02.00 pm	Dr. Deepa Mishra	Structure of Language Aristotelian and Non-Aristotelian System – Using Language Effectively – Non-Identity – Non-Elementalism – Non-Allness – Self-Reflexive Mapping	02
22/02/2020 02.00 to 04.00 pm	Dr. Deepa Mishra	Verbal & Non-Verbal Awareness Differentiating Facts from the Inferences – Determining the Degree of Truth – Contemplating – Sensory Awareness – Challenging Assumptions Non-Verbally	02
22/02/2020	Home Assignments and Course Notebook Submission		
24/02/2020 12.00 to 02.00 pm	Dr. Dipesh Karmarkar	What Korzybski Wants? Revisiting Korzybski's Quest – Reflections and Summing-Up	02
24/02/2020	Certificate Distribution to Eligible Candidates		

(Venue: Seminar Room G-18)

For registration and more details, contact Dr. Dipesh Karmarkar, Coordinator, NCGS, in the Department of Geography, Room No. 217, between 11.30 am to 12.30 pm.

IQAC Coordinator



M. Karmarkar

SMT. CHANDIBAI HIMATHMAL MANSUKHANI COLLEGE, ULHASNAGAR-3

NODAL CENTRE OF THE BALVANT PAREKH CENTRE FOR GENERAL SEMANTICS & OTHER HUMAN SCIENCES

Certificate Course on "Key Concepts in General Semantics" (2019-2020)

REGISTRATION SHEET

Course Roll No.	Receipt No.	Name of the Student	Class	Roll No.	Mobile Number	E-mail	Registration Fees Paid (Rs. 300/-)
GS-1	7701	ALKA MOTWANI	SYBA	111	9324765538	alka28kumari@gmail.com	PAID
GS-2	7702	NILAKSHEE BHOYAR	SYBA	24	8087152123	nilaksheebhoyar@gmail.com	PAID
GS-3	7703	TULIKA R. JAIN	SYBA	73	9619754925	tulikajain32122@gmail.com	PAID
GS-4	7704	SUMITHRA S.	SYBA	01	8668809263	sumigupta2499@gmail.com	PAID
GS-5	7705	JUI L. BENDKOLI	TYBA	202	7506449041	bendkolijui26@gmail.com	PAID
GS-6	7706	ADVIT GONDOLE	SYBA	58	7887766999	advitgondole7@gmail.com	PAID
GS-7	7707	MANSI A. RAJPUROHIT	FYBA	92	7038410503	rajpuhritmansi2000@gmail.com	PAID
GS-8	7708	AKSHATA G. JOSHI	FYBA	202	9004132178	akshata.joshi002@gmail.com	PAID
GS-9	7709	SEJAL O. MANCHUNDIA	FYBA	55	8767679000	sejal9136@gmail.com	PAID
GS-10	7710	SUNAINA SONI	SYBA	176	9930976158	sunainaa@gmail.com	PAID
GS-11	7711	JYOTI A. BARAI	FYBA	06	9892653855	jyotibara314@gmail.com	PAID
GS-12	7712	RAHUL M. MURTI	FYBA	74	9987610511	rahulmmurti@gmail.com	PAID
GS-13	7713	SHARVARI TAYADE	SYBA	179	7796221909	sharvaritayade000@gmail.com	PAID
GS-14	7714	SHARON MATHEW	FYBA	60	9892761090	sharonmathew690@gmail.com	PAID
GS-15	7715	NEHAL QAMARUDDIN SHAIKH	SYBMM	48	8286546887	hituisback@gmail.com	PAID
GS-16	7716	ESHA PARDESHI	FYBA	86	7057403319	pardeshiesha8@gmail.com	PAID



IQAC Coordinator

Karmarkar

M. Karmarkar
Dr. Dipesh Karmarkar
Coordinator, Nodal Centre for General Semantics



**Smt. Chandibai Himathmal Mansukhani College,
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NODAL CENTRE FOR GENERAL SEMANTICS (2019-2020)

LIST OF RESOURCE PERSONS

**Certificate Course on
"Key Concepts in General Semantics"**

Sr. No.	Name of the Faculty Member	Credentials
1	Dr. Jayshree Panicker	Associate Professor, Head, Department of Psychology, Smt. CHM College, Ulhasnagar
2	Dr. Deepa Mishra	Associate Professor, Department of English, Smt. CHM College, Ulhasnagar
3	Dr. Samuel Wesley	Assistant Professor, Department of History, Smt. CHM College, Ulhasnagar
4	Dr. Chandrasheel Tambe	Assistant Professor, Department of Political Science, Smt. CHM College, Ulhasnagar
5	Dr. Dipesh Karmarkar	Assistant Professor, I/c Head, Department of Geography, Smt. CHM College, Ulhasnagar
6	Ms. Sitara Menon	Assistant Professor, Department of Psychology, Smt. CHM College, Ulhasnagar
7	Mrs. Hitasha Rohra	Assistant Professor, Department of BCBI, Smt. CHM College, Ulhasnagar

IQAC Coordinator

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**Dr. Dipesh Karmarkar,
Coordinator, NCGS**





Smt. Chandibai Himathmal Mansukhani College

Principal: Dr. Manju Lalwani Pathak

Ref. No. 1057/20

Date: 30th January, 2020

NOTICE

Nodal Centre for General Semantics Offers

A Certificate Course on "KEY CONCEPTS IN GENERAL SEMANTICS"

This certificate course, of 30 hours duration, trains participants in the skills of sensible thinking with the help General-Semantics approach that was developed by Alfred Korzybski in 1930s in USA. The course will enable participants to learn the skills of self-evaluation by applying the General Semantics Approach to the everyday life situations. This will help in their personal and professional development.


Dates : 6th February, 2020 to 22nd February, 2020

Time : 12:00 noon to 2:00 pm

Venue : Seminar Room

Registration Fee: Rs. 300/- (Rupees Three Hundred Only)

All students of Degree College (Aided and Unaided Courses) are eligible to participate. For more details and registration, contact Dr. Dipesh Karmarkar, Coordinator, Nodal Centre for General Semantics in Department of Geography, Room No. 217 between 11.30 am and 12.30 pm.


Dr. Manju Lalwani Pathak
Principal

CC: Students N.B. (Degree & Junior - Aided & Unaided) & Circulation (All Classes)

P.B. No 17, Opp. Railway Station, Smt. Chandibai Himathmal Mansukhani Road, Ulhasnagar- 421003 Dist. Thane, (MAHARASHTRA)
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IQAC Coordinator





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NODAL CENTRE FOR GENERAL SEMANTICS (2019-2020)

ANNUAL REPORT

Nodal Centre for General Semantics (NCGS) has completed seven years in the academic year 2019-2020. In the current year, the Nodal Centre offered a certificate course on 'Key Concepts in General Semantics'. The objective of the course was to introduce the key concepts in General Semantics to the under-graduate students. The course also aimed at enabling students to think and act sensibly by applying the General-Semantics approach to the everyday life. A total of 16 students, primarily from Arts Faculty, registered for the course. The course was conducted between February 10, 2020 and February 24, 2020. The duration of course was 30 hours, out of which 20 years were devoted to teaching sessions, while 10 hours were kept side for activity-based self-learning. A compiled study material was provided to them containing extracts from the book *Drive Yourself Sane: Using the Uncommon Sense of General Semantics* by Susan Kodish and Bruce Kodish. It also contained a few extracts from the website of the Institute of General Semantics, USA, from the blog of Milton Dawes, and also from the book *Here's Something About General Semantics: A Primer for Making Sense of Your World* by Steve Stockdale.

The units covered in the 20 hours of teaching sessions (and the concerned speakers) included Introduction to General Semantics with reference to introduction to Korzybski and distinction between sanity and insanity, Map-Territory Relationship, Consciousness of Mapping (Dr. Dipesh Karmarkar, Coordinator of the NCGS and In-house Faculty, Department of Geography), Process of Abstraction (Ms. Sitara Menon, In-house Faculty, Department of Psychology), Structural Differential (Dr. Hitasha Rohra, In-house Faculty, Department of Banking & Insurance), Time-Binding and Extensional Devices (Dr. Samuel Wesley, In-house Faculty, Department of History), Verbal and Non-Verbal Awareness and Structure of Language (Dr. Deepa Mishra, In-house Faculty, Department of English), and REBT and General Semantics (Dr. Jayashree Panicker, In-house Faculty, Department of Psychology).

The conceptual understanding of the students was qualitatively tested with the help of home assignments and class activities. Students were asked to think and write assignments based on time-binding, process of abstraction, non-verbal sensory experience, conceptual and evaluational skills and application-based skills. They were also given role-play based activities, making them delve deeper into the conceptual understanding and its everyday applications. Ms. Sitara Menon, Dr. Chandrasheel Tambe (In-house Faculty, Department of Political Science) and Dr. Dipesh Karmarkar helped and guided the students (as and when required by the students) in completion of these activities. Certificates were distributed at the hands of Dr. Jayashree Panicker in the last session.

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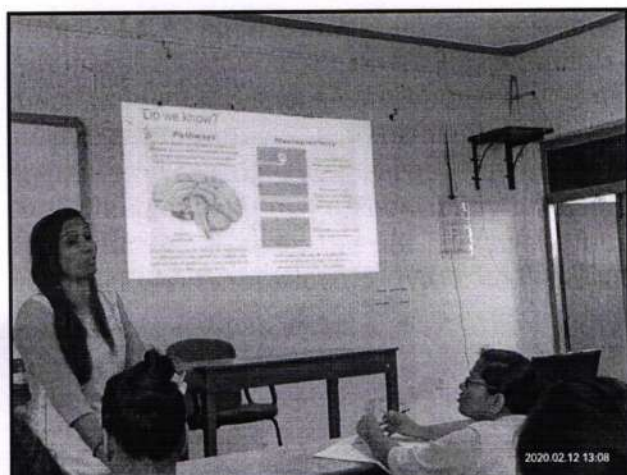


The feedback analysis shows that about 90% of the students were completely satisfied with the format of the course. About 80% of the students expressed their complete satisfaction with the content of the course. Further, 90% students felt that the course was interactive enough for them. Students' responses to open-ended questions show that they have made a serious and sincere attempt to apply GS principles to the ongoing issues in their personal lives. Most of the students reveal that they learnt to avoid extreme thinking, impulsive reactions, stereotyping, controlling anger, etc. Further, many of them have suggested to include sessions on E-Prime, and critical analysis of the GS. They were found to be happy with the activity-based learning, but also expect more such activities to be included in future courses.

M. Karmarkar

Dr. Dipesh Karmarkar
Coordinator, Nodal Centre for General Semantics

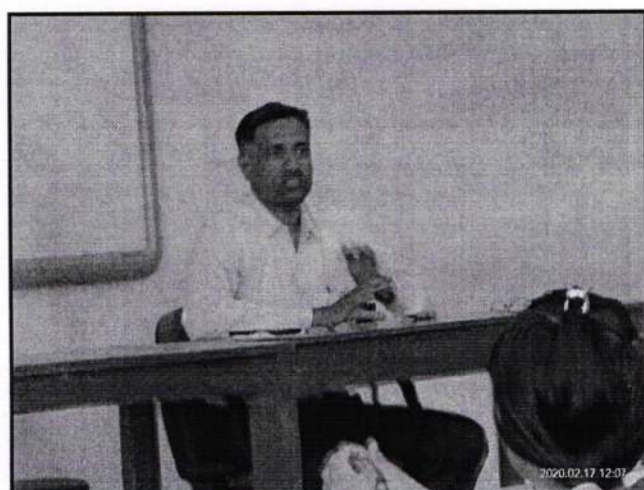
GLIMPSES OF THE CERTIFICATE COURSE



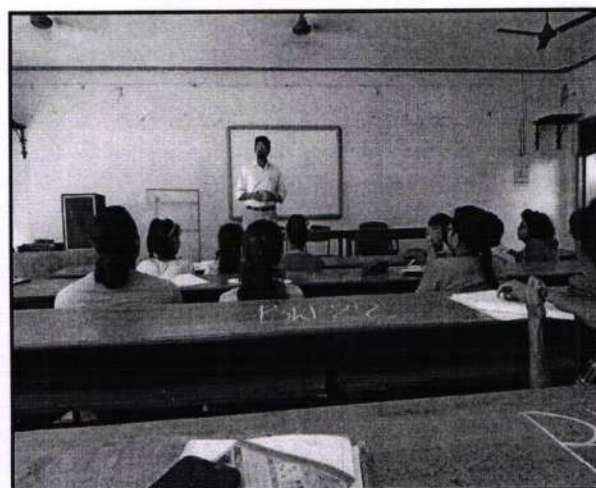
**Ms. Sitara Menon during the Session on
'Process of Abstraction'**



**Dr. Hitasha Rohra during the Session on
'Structural Differential'**



**Dr. Chandrasheel Tambe Guiding Students on
Applying GS to the Issues of Socio-Political
Identity**



**Dr. Samuel Wesley during the Session on
'Time-Binding'**

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IQAC Coordinator





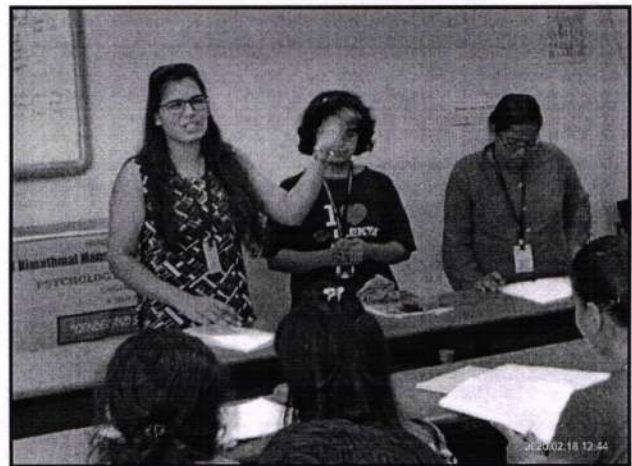
**Dr. Jayashree Panicker during the Session on
'REBT and General Semantics'**



**Dr. Dipesh Karmarkar during the Session on
'Map-Territory Relationship'**



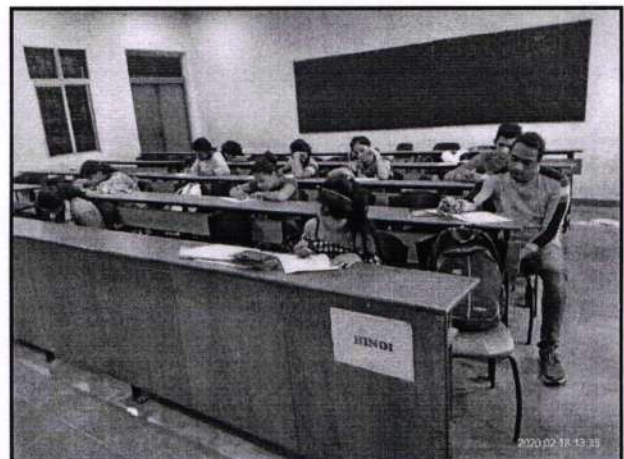
**Dr. Deepa Mishra during the Session on
'Structure of Language'**



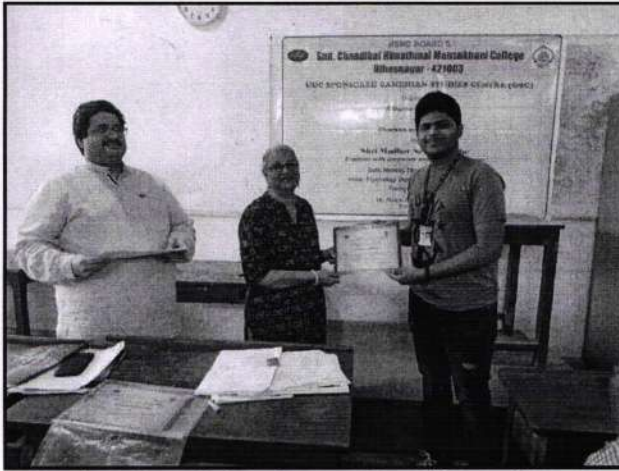
Course Students during the Class Activity



Course Students during the Class Activity



Course Students doing the Class Assignment



A Student Receiving Course Certificate from Dr. Jayashree Panicker



Faculty and Students of the Certificate Course

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