



Smt. Chandibai Himathmal Mansukhani College

(Autonomous)

(Affiliated to the University of Mumbai)

University College Code : 217-JD Office : T14



Principal : Dr. Manju Lalwani Pathak

Ref No: CHM (A) AC/C/01/2025

Date: 18th June 2025

CIRCULAR

The immediate attention of all concerned is invited to this office Circular No. CHM (A) AC 05/2025 dated 19th May, 2025 regarding the Choice Based and Credit Based Syllabus (CBCS) for all subjects of F.Y.B.A & T.Y.B.A. in Psychology SEM - I & SEM - V respectively.

It is hereby communicated that the recommendations of the syllabus made by the Ad-hoc Board of Studies in Psychology coordinated by the Dean, Faculty of Social Sciences in the meeting of Academic Council held on 23rd May, 2025 vide item No. 4.3, have been accepted and subsequently passed.

In accordance, therewith, the syllabus as per the CBCS has been brought into force with effect from the academic year 2025 – 2026 and accordingly the same is attached for reference and is available on the College's website www.chmcollege.in

Ulhasnagar - 421 003

18th June, 2025

Dr. Manju Lalwani Pathak

Principal & Chairperson, Academic Council

Copy forwarded for information to:-

- 1) The Dean, Faculty of Social Sciences
- 2) The Chairperson, Ad-hoc Board of Studies.
- 3) The Controller of Examination.
- 4) The Registrar



HSNC Board's
Smt. Chandibai Himathmal Mansukhani College, Ulhasnagar
(Autonomous)
Affiliated to the University of Mumbai

Bachelor of Arts
Psychology
(Aided Course)

Semester – I

Choice Based and Credit Based syllabus
as per NEP 2020 with effect from the
Academic Year 2025-2026

PREAMBLE

The Bachelor of Arts in Psychology program is designed to provide students with a comprehensive understanding of human behaviour, cognition, and emotion. This program emphasizes critical thinking, reasoning, and awareness. Through a combination of theoretical coursework and practical experiences, the BA in Psychology course aims to cultivate a nuanced understanding of the complexities of human behaviour.

Each academic year is divided into two semesters. Student performance is evaluated through two components: an internal assessment of 40 marks and an external examination of 60 marks. The program also focuses on the all-round development of students' personalities. Students will engage with foundational psychological concepts and research methodologies, exploring topics such as developmental psychology, social influences, abnormal Behaviour, and cognitive processes.

The curriculum encourages the application of psychological principles to real-world scenarios, fostering skills in communication, problem-solving, and empirical analysis.

Graduates are equipped to pursue careers in diverse fields such as education, healthcare, social services, and human resources.

PROGRAMME SPECIFIC OUTCOME (PSOs)

PSO1: Students will accurately define and explain foundational concepts in psychology, including cognition, behavior, emotion, and development.

PSO2: Students will be able to understand research design and conduct basic psychological research, formulating hypotheses and analyzing data.

PSO3: Students will be able to understand application of psychological theories to real-life scenarios, demonstrating critical thinking and problem-solving skills.

PSO4: Students will be prepared to pursue higher education or professional careers in psychology related fields like Counselling, HR, research and social work.

**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

**First Year B.A.
(Psychology)**

Semester- I

Title: Introduction to Psychology

**Vertical - 1
Major Subject - 4 Credits**

**with effect from
Academic Year 2025-2026**

Title: Introduction to Psychology

Course Code: CHMPSY11

Sr. No.	Heading	Particulars
1	Description of the Course:	This foundational course offers an in-depth exploration into the scientific study of human behaviour and mental processes. This course primarily aims to deepen the understanding of the underlying factors that shape our thoughts and actions. Topics such as learning, memory, emotion engage students with related real life examples to gain further insight into the complexities of human behaviour and mental processes.
2	Vertical 1	Major
3	Type	Theory + Practicum (Teaching Method: Lectures/Group Discussion /Presentation/Book Review/Field Visit etc.)
4	Credit	4 Credits
5	Hours allotted	60 Hours
6	Marks allotted	100 Marks
7	Course Objectives: 1. To introduce students to the basic concepts, goals in psychology in order to build foundational understanding of human behavior. 2. To familiarize students with the physiological processes underlying behavior, including brain structure, nervous system functions, and consciousness. 3. To help students understand the nature of stress, its effects on health, and psychological techniques for effective stress management.	
8	Learning Outcomes: Student will be able to LO1: Understand and explain fundamental psychological concepts including the nature, goals of psychology as a science of behavior and mental processes. LO2: Describe the biological foundations of behavior, including the structure and function of the nervous system, brain, and states of consciousness. LO3: Analyze the impact of stress on physical and mental health and apply effective coping strategies based on psychological principles.	
9	Syllabus UNIT I: Basics of Psychology • Definition; Use of Scientific approach in Psychology • History of Psychology • Psychology in India • Perspectives; Professionals in Psychology UNIT II: Physiological Basis of Behaviour • Neuron- Structure& function	

	• Neurotransmitters • Central Nervous System; Peripheral Nervous System • The Structures of the Brain UNIT III: Stress and Health • Stress and Stressors • Physiological Factors • Psychological Factors • Coping with Stress UNIT IV: Learning • Classical Conditioning • Operant Conditioning • Cognitive Learning Theories • Learning by Observation																																				
10	Scheme of Examination and Assessment Pattern Paper – 100 Marks External Examination: Semester End External - 60 marks Time: 2:00 hours Format of Question Paper <table border="1"><thead><tr><th>Question No</th><th>Nature of Questions</th><th>Marks</th></tr></thead><tbody><tr><td>Q1</td><td>Essay Type Question (Any ½) based on Unit 1</td><td>12</td></tr><tr><td>Q2</td><td>Essay Type Question (Any ½) based on Unit 2</td><td>12</td></tr><tr><td>Q3</td><td>Essay Type Question (Any ½) based on Unit 3</td><td>12</td></tr><tr><td>Q4</td><td>Essay Type Question (Any ½) based on Unit 4</td><td>12</td></tr><tr><td>Q5</td><td>Short Notes (Any ¾) based on Unit 1,2,3,4</td><td>12</td></tr><tr><td colspan="2"></td><td style="text-align: right;">Total 60</td></tr></tbody></table> Internal Examination: Continuous Evaluation - 40 marks <table border="1"><thead><tr><th></th><th>Assessment / evaluation</th><th>Marks</th></tr></thead><tbody><tr><td>1.</td><td>Classroom Presentation on an Assigned Topic</td><td>15</td></tr><tr><td>2.</td><td>Submission of – Report on a Book Review (Psychology Book) or Report of Field Visit</td><td>15</td></tr><tr><td>3.</td><td>Regularity & Participation in Departmental Activities</td><td>10</td></tr><tr><td colspan="2"></td><td style="text-align: right;">Total 40</td></tr></tbody></table>	Question No	Nature of Questions	Marks	Q1	Essay Type Question (Any ½) based on Unit 1	12	Q2	Essay Type Question (Any ½) based on Unit 2	12	Q3	Essay Type Question (Any ½) based on Unit 3	12	Q4	Essay Type Question (Any ½) based on Unit 4	12	Q5	Short Notes (Any ¾) based on Unit 1,2,3,4	12			Total 60		Assessment / evaluation	Marks	1.	Classroom Presentation on an Assigned Topic	15	2.	Submission of – Report on a Book Review (Psychology Book) or Report of Field Visit	15	3.	Regularity & Participation in Departmental Activities	10			Total 40
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Department of Psychology:

SrNo	Name of the Faculty	Designation and College	Signature
1.	Ms. Vandana N Solanki	Associate Professor & Head, Department of Psychology, Smt. C.H.M. College	<i>Vandana</i>
2.	Ms. Sitara Kapil Menon	Assistant Professor, Department of Psychology, Smt.C.H.M. College	<i>Sitara</i>

Name & Signature of the Ad hoc BoS Chairperson: Ms. Vandana N Solanki *Vandana*

Name & Signature of the Dean: Dr. Prashant Kelkar *Prashant Kelkar*



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

**First Year B.A.
(Psychology)**

Semester- I

**Vertical - 2
Minor-2Credits**

Not Applicable

**with effect from
Academic Year 2025-2026**

**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

First Year B.A.

Semester- I

**Vertical - 3
Open Elective-2Credits**

**with effect from
Academic Year 2025-2026**

OPEN ELECTIVES (OE)

For First Year BA

(English, Marathi, Hindi, Sindhi, Economics, Political Science,
Psychology, Sociology, Geography, History, BAMMC)

Students are required to select any one OE subject from the list below

Sr. No.	Subject Name
1.	Renewable Energy
2.	Perfumeries
3.	Data Analysis in Excel
4.	Mushroom Cultivation : Training and Trading
5.	Essential Skills for Pet Rearing and Grooming
6.	Basics of Nutrition
7.	Basic Computer Skills for Digital Age
8.	Web Designing Essentials: HTML and CSS Styling Techniques
9.	Visual Design and Digital Tools : A Foundation for Animation
10.	Yoga and Fitness
11.	Basic Accounting
12.	Soft Skills for Corporate Readiness
13.	Business Statistics and SPSS
14.	Beautician : Strategic Business Planning
15.	Current Trends of Fashion Design: Financial Perspective
16.	Digital Marketing
17.	Managing Family Wealth through Family Office
18.	Online Trading in Stock Market



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

**First Year B.A.
(Psychology)**

Semester- I

Vertical – 4

**Vocational Skill Course (VSC) - 2 Credits
Skill Enhancement Course (SEC) - 2 Credits**

**with effect from
Academic Year 2025-2026**

Title: Personal and Social Skills**Course Code: CHMPSY13**

Sr. No.	Heading	Particulars
1	Description of the Course:	This course is designed to enhance individual's ability to interact effectively and harmoniously with others in various personal and social settings. It focuses on developing essential interpersonal skills, emotional intelligence and communication techniques to foster positive relationships and personal growth.
2	Vertical 4	VSC
3	Type	Theory +Practicum (Teaching Method Lectures/Role Play/Group Discussion/Presentation/ Journal Writing etc.)
4	Credit	2 Credits
5	Hours allotted	30 Hours
6	Marks allotted	50 Marks
7	Course Objectives: 1. To learn about Personal Skill of Self Awareness & Empathy and its role in life. 2. To learn about Communication, its type and role. 3. To learn about nature stages and process of interpersonal relationship.	
8	Learning Outcomes: Student will be able to LO1: Understand and apply Personal and Social Life Skills. LO2: Able to participate in group activities, demonstrate effective communication. LO3: Able to identify and describe personal strengths and areas of improvement.	
9	Syllabus UNIT I: Personal Skill- Self Awareness and Empathy • Introduction to Personal and Social Life Skills, Defining Self-awareness. • Dimensions of Self-awareness, Understanding self through SWOC Analysis and Johari Window. • Empathy and Its Components. Differentiating Empathy from Sympathy. • Empathy in Social Media Context. UNIT II: Social Skill-Communication and Interpersonal Relations • Defining Communication, Communication Process. • Types of communication, Barriers in Communication. • Nature of Interpersonal relationships and Stages of forming interpersonal relationships. • Process of Team Building and Characteristics of effective teams.	

10

Scheme of Examination and Assessment Pattern

Paper – 50 Marks

External Examination: Semester End External - 30 marks Time: 1:00 hour

Format of Question Paper

Question No.	Nature of Questions	Marks
Q1	Essay Type Question (Any ½) based on Unit 1	10
Q2	Essay Type Question (Any ½) based on Unit 2	10
Q3	Short Notes (Any 2/4) based on Unit 1 & 2	10
		Total 30

Internal Examination: Continuous Evaluation - 20 marks

	Assessment / evaluation	Marks
1.	Prepare and Submit Self Reflection Journal (Based on SWOC Analysis) Or Enactment of a Role Play Demonstrating Empathy	20
		Total 20

11

REFERENCE BOOKS:

1. Nair, A.R., Ranjan, S., Hardikar, G.& Santhanam, D., (2021). Life Skills: Ready Reckoner. Chennai: Southern Book Star Robbins, S.P., Judge, T. A., & Vohra, N., (2017). Chennai: Pearson India Education Services Pvt. Ltd.

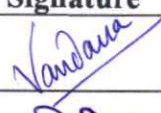
Title: Methods for Studying Psychology

Course Code: CHMPSY14

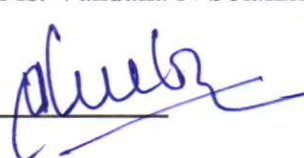
Sr. No.	Heading	Particulars
1	Description of the Course:	This course introduces students to the fundamental research methods used in psychology to explore human behaviour and cognition. Emphasizing the scientific approach students will learn how to design studies, collect and analyse data and interpret findings to draw meaningful conclusions.
2	Vertical 4	SEC
3	Type	Theory (Teaching Method: Lectures/Group Discussion / Presentation/Research Article review/Research Proposal design etc.)
4	Credit	2 Credits
5	Hours allotted	30 Hours
6	Marks allotted	50 Marks
7	Course Objectives: 1. To introduce students to various research methods used in psychological studies. 2. To help students develop the ability to critically evaluate research methodologies. 3. To help students learn methods in designing simple research studies.	
8	Learning Outcomes: Student will be able to LO1: Identify and describe different research methods used in psychology. LO2: Evaluate research studies for their methodological strengths and weaknesses. LO3: Understand design and method of basic experiments or studies.	
9	Syllabus UNIT I: Introduction to Psychological Research Methods • Overview of the scientific method and its application in psychology. Research Ethics in Psychology • Understanding the goals and principles of psychological research. • Overview of the steps in the scientific method: observation, hypothesis formation, data collection, analysis, and conclusion drawing. • Variables in Psychological Research, Sampling: Random and non-random UNIT II: Quantitative And Qualitative Research Methods • Experimental Research: Laboratory and field Experimental Research. • Non experimental Research: Observational Research, Correlational Research, Case Study and Survey Research. • Introduction to Qualitative Research.	

	Qualitative Data Collection and Analysis Methods: Interviews, Observations, Focus groups, Document analysis. Introduction to qualitative data analysis techniques.																								
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Name & Signature of the Ad hoc BoS Chairperson: Ms. Vandana N Solanki 

Name & Signature of the Dean: Dr. Prashant Kelkar 



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

First Year B.A.

Semester- I

Vertical – 5

**Ability Enhancement Course- 2 Credits
Value Education Course -2Credits**

**with effect from
Academic Year 2025-2026**

**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

**First Year B. A.
(AEC- Ability Enhancement Course)**

Semester- I

Title: Communication Skills in English

**Vertical - 5
AEC - 2 Credits**

**with effect from
Academic Year 2025-2026**

Title: Communication Skills in English

Course Code: CHMARTAECI

Sr. No.	Heading	Particulars
1	Description of the Course:	Communication Skills in English is an Ability Enhancement Course designed to strengthen learners' foundational skills in English language communication, which is essential for academic success and professional competence in a globalized world. This course equips first-year undergraduate students with core competencies in Listening, Speaking, Reading, and Writing (LSRW), integrating traditional and digital forms of communication. By using a skill-based and learner-centric approach, the course develops not just linguistic ability but also confidence, clarity, and creativity in expression. Emphasis is placed on real-life application and employability, such as drafting professional documents, preparing for interviews, and speaking effectively in diverse social and work-related settings. The course also introduces learners to digital communication etiquette and strategies for enhancing their English proficiency through independent learning.
2	Vertical 5	AEC- Ability Enhancement Course
3	Type	Theory+ Tutorial (Teaching Methods: Lecture/ Discussion/ Presentation/ Reading sessions/ Worksheets/ Listening exercises etc.)
4	Credit	2 Credits
5	Hours allotted	30 Hours
6	Marks allotted	50 Marks
7	Course Objectives: 1. To develop functional proficiency in English by focusing on the core LSRW skills for personal, academic, and professional communication. 2. To introduce students to professional contexts where English communication is essential (interviews, presentations, digital interactions). 3. To equip students to comprehend and interpret a variety of texts with analytical and critical insight.	

	4. To familiarize students with digital communication tools and netiquette for effective virtual communication.
8	Learning Outcomes: Students will be able to LO-1: Apply LSRW skills effectively in academic, social, and professional settings. LO-2: Demonstrate fluency and clarity in speaking and writing, with appropriate tone and register. LO-3: Interpret written and audio-visual texts from various domains with a critical understanding. LO-4: Prepare professional documents and communicate using contemporary digital platforms with confidence.
9	Syllabus UNIT I: Listening and Reading for Academic and Professional Purposes 1. Understanding Communication in Context: • Role of English in professional and global contexts • Modes of communication: Verbal, Non-verbal, Visual, and Digital • Characteristics of professional communication (clarity, brevity, tone, audience awareness) 2. Listening Skills: • Listening to professional conversations (e.g., meetings, interviews, news reports) • Identifying tone, emphasis, and implied meaning • Listening for argument, perspective, and intent • Activities: Note-taking, summarizing, identifying key takeaways 3. Reading Skills: • Reading job advertisements, email threads, and formal reports • Identifying purpose and structure in professional texts • Inference and contextual meaning • Grammar Focus: Prepositions, Modal verbs, Sentence transformation, Error correction, Collocations <i>Texts: Passages from industry reports, editorials, HR communications, NGO newsletters, and workplace scenarios.</i> UNIT II: Speaking and Writing for Employability (15 Lectures) 1. Speaking Skills: • Group Discussions: Types, format, participation strategies • Mock Interviews: Responding to commonly asked questions, body language, tone • Role Plays: Customer service dialogue, workplace communication, formal introductions • Presentation Skills: Structure, visual aids, delivery techniques 2. Writing Skills: • Email Etiquette: Writing formal and Semi-formal emails • Cover Letters and Resumes: Targeted for specific job roles

	• Writing Minutes of Meeting and Notices • Report Writing: Internship/Workplace reports • Grammar Focus: Sentence connectors, Subject-verb agreement, Active/Passive voice Tasks: • Drafting a formal job application with resume • Writing professional emails and LinkedIn summaries • Preparing and presenting a 2-minute speech																														
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6. Crystal, David. *English as a Global Language*. 2nd ed., Cambridge UP, 2003.
7. Eberhard, Jane, et al. *Developing Academic Literacy: A Handbook for International Students*. Palgrave Macmillan, 2022.
8. Goleman, Daniel. *Working with Emotional Intelligence*. Bantam, 1998.
9. Guffey, Mary Ellen, and Dana Loewy. *Essentials of Business Communication*. 12th ed., Cengage Learning, 2021.
10. Hamp-Lyons, Liz, and Ben Heasley. *Study Writing: A Course in Written English for Academic and Professional Purposes*. Cambridge UP, 2006.
11. Jones, Leo. *Cambridge Advanced Communication Skills*. Cambridge UP, 1989.
12. Kaul, Asha. *Effective Business Communication*. 2nd ed., PHI Learning, 2015.
13. Lesikar, Raymond V., et al. *Business Communication: Connecting in a Digital World*. 13th ed., McGraw-Hill Education, 2014.
14. Locker, Kitty O., and Donna Kienzler. *Business and Administrative Communication*. 11th ed., McGraw-Hill Education, 2018.
15. Palfrey, John, and Urs Gasser. *Born Digital: Understanding the First Generation of Digital Natives*. Basic Books, 2016.
16. Raman, Meenakshi, and Sangeeta Sharma. *Technical Communication: Principles and Practice*. 3rd ed., Oxford UP, 2015.
17. Rizvi, M. Ashraf. *Effective Technical Communication*. Tata McGraw-Hill, 2005.
18. Seely, John. *Oxford Guide to Effective Writing and Speaking: How to Communicate Clearly*. Oxford UP, 2013.
19. Thill, John V., and Courtland L. Bovee. *Excellence in Business Communication*. 13th ed., Pearson, 2017.

Department of English:

Sr. No	Name of the Faculty	Designation and College	Signature
1.	Prof. (Dr.) Pratima Das	Head & Professor, Dept. of English, Smt. CHM College	<i>Pratima Das</i>
2.	Prof. (Dr.) Kailas Aute	Professor, Dept. of English, Smt. CHM College	<i>Kailas Aute</i>
3.	Mr. Ananda Pandhare	Asst. Professor, Dept. of English, Smt. CHM College	<i>Ananda Pandhare</i>
4.	Ms. Sana Karale	Asst. Professor, Dept. of English, Smt. CHM College	<i>Sana Karale</i>

Name & Signature of the Ad hoc BoS Chairperson: Prof. (Dr). Pratima Das *Pratima Das*

Name & Signature of the Dean: Prof. (Dr). Pratima Das *Pratima Das*



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

First Year

Semester- I

Title: Communication Skills in Sindhi

Vertical - 5

Ability Enhancement Course - 2 Credit

**with effect from
Academic Year 2025-2026**

Title: Communication Skills in Sindhi**COURSE CODE: CHMSINAEI**

Sr. No.	Heading	Particulars
1	Description the Course:	Sindhi communication skills (B.Com.) Communication is the core component of the commerce and trade. In communication, language plays very significant role. If a student has mastered the skills of language, undoubtedly, he or she would be able to communicate in the best manner. In this course basic part of Sindhi language would be taught based on the NEP 2020. The innovative approach, likes critical thinking, creative mind, use of technology will lead to communicating and participating with the different groups. The vocabulary section would be given prominence. The course would be in the Devanagari script so that it can attract majority of the students. Even non-Sindhi students shall have opportunity to adopt this course.
2	Vertical 1	AEC – Ability Enhancement Course
3	Type	Theory+ Practicum (Teaching Method: Lecture/ Discussion/Reading)
4	Credit	2 credits (1 credit = 15 hours for theory or 30 hours of Practical work in a semester)
5	Hours allotted	30 Hours
6	Marks allotted	50Marks (50 Marks each)
7	Course Objectives: After successful completion of this course: 1. The learner will get understanding of communication skills. 2. The learner will understand how to accurate the pronunciation of special words in Sindhi 3. The learner will improve the conversation skill in Sindhi. 4. The learner will become best communicator in Sindhi language	
8	Learning Outcomes: Student will be able to LO1: Know the basic special features of Sindhi language. LO2: Understand the skills of communication. LO3: Knowing the conversation with businessmen and customers LO4: Know the etiquettes with parents, relatives, friends and others in effective way	

Unit I – Fundamental of Sindhi Communication

- Introduction of Communication skill through Pictorial Presentation
- Importance of Language
- Basic aspects of language
 - i) Types of Language, ii) Role of Language, iii) Changes in Language
 - iv) Non-violent aspects of language v) Language & New generation
 - vi) Language & Modern Technology
- New Education Policy (NEP) & Importance of language
- Sindhi language: (Special features of spoken Sindhi language with pronunciation through audio visual presentation)

Unit II – Functional Communication

- Importance of Communication
- Types of Communication (Presentation through video clips)
 - i) Verbal, ii) Non-verbal, iii) Written iv) Digital Communication
- Characteristics of Communication
- Obstacles in Communication of Sindhi Language
- Methods of Best Communication through role plays
- Spoken Sindhi in Business
- Conversation with customers and proprietors

यूनिट – 1

- स्मचारी भाषा : वाक्फियत
- भाषा जी अहमियत
- भाषा जा बुनियादी पहल
 - i) किस्म, ii) भाषा जो किरदार, iii) भाषा मे तबदीलियूं iv) भाषा जा अहिसासाती पहलू v) भाषा ऐं नई नसल
- नई तैलीमी नीति ऐं बोलियुन जी अहमियत
- असां जी सिंधी बोली

यूनिट – 2

- राबते जी अहमियत
- राबते जा किस्म
 - i) जिबानी राबतो, ii) गैर जिबानी राबतो, iii) लिखत राबतो iv) डिजीटल राबतो
- राबते मां फायदा
- राबते में रंडकूं
- बेहतर राबते जा तरीका
- ग्राहकन सां सिंधी बोलीअ मे गुप्तगू

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Scheme of Examination and Assessment Pattern

Paper – 50 Marks

External Examination: Semester End External - 30 marks Time: 1:00 hour

Format of Question Paper

Attempt any 4 out of 6 questions.

Question No	Nature of Questions	Marks
Q1.	Objective Type – Fill in the Blanks / MCQs (Unit I)	15
Q2.	Question on reading skill (Unit II)	07
Q3.	Writing short story from outlines (Unit II)	08
		Total 30

Note:

1. Equal Weightage is to be given to all the modules.
2. Use of non-programmable scientific calculator is allowed in the examination.

Internal Examination: Continuous Evolution - 20 marks

	Assessment / evaluation	Marks
1.	Speaking Activities: (Presentation) Making presentations in the classroom	10
2.	Listening Activities: (Assignment) Listening to speeches, dialogues, announcement and summarizing them	10
	Total	20

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REFERENCE BOOKS:

1. Sanchari Basha – By Dr. Pushpa Kodwani
2. Sindhi Pahakaa – Dr. Jetly M.K.
3. Sindhi Muhavahra – By Hardwani Lachhman
4. Sindhi Adhyat mak Shabdhkesh – By Hardwani Lachhman
5. Acho Sindhi Sikhu – By Hardwani Lachhman

Syllabus Committee:

Sr No	Name of the Faculty	Designation and College	Signature
1.	Mrs. Kajal Ramchandani	H.O.D. of Jai Hind College	<i>Kajal</i>
2.	Mrs. Komal Totani	Assistant Teacher, Smt. CHM College	<i>Komal</i>

Name & Signature of the BoS Chairperson: (Mrs. Kajal Ramchandani)

Kajal

Name & Signature of the Dean: (Dr. Pratima Das)

Pratima Das



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

First Year

Semester- I

**Title: Environmental Management and
Sustainable Development-I**

**Vertical - 5
VEC- 2 Credits**

**with effect from
Academic Year 2025-2026**

Title: Environmental Management and Sustainable Development-I**Course Code: CHMVECI**

Sr. No.	Heading	Particulars
1	Description of the Course:	This course introduces students to the basics of environmental management and sustainable development. It explains how ecosystems work, the importance of biodiversity, and the need to protect our natural resources. Students will learn about different environmental problems, human impact on nature, and how to manage disasters. The course also covers Indian environmental movements, ethics, and the role of public awareness. Real-life examples and case studies help students understand the connection between nature and human communities in a simple and practical way.
2	Vertical 5	VEC
3	Type & Teaching methods	Theory + Practicum Lecture/Discussion/Presentation/Case study,etc
4	Credits	2 Credits
5	Hours allotted	30 Hours
6	Marks allotted	50 Marks
7	Course Objectives: 1. To introduce about ecosystems, biodiversity and to make aware for the need of conservation. 2. To sensitize students towards environmental concerns, issues, and impacts of human population. 3. To analyze the impact of human population growth and development activities on the environment, including issues related to displacement, disaster response, and rehabilitation. 4. To foster awareness of environmental ethics and the role of cultural and social movements in shaping sustainable environmental practices through communication, policy, and activism.	
8	Learning Outcomes: Students will be able to LO1: Explain the interrelationships within ecosystems and analyze energy flow and succession, using examples from various ecological zones. LO2: Critically evaluate biodiversity levels and conservation strategies, applying knowledge of endemic species, threats, and ecological services to real-world scenarios. LO3: Assess the socio-environmental implications of population growth, displacement, and disasters, incorporating case studies to understand sustainable development challenges.	

	LO4: Demonstrate an understanding of environmental ethics and advocacy, by interpreting the influence of cultural values, environmental movements, and communication strategies on sustainability.									
9	Syllabus UNIT I: Ecosystems, Biodiversity and Conservation • Introduction, structure, and function of ecosystems; Energy flow: food chains, food webs and ecological succession. Case studies of the following: a) Forest ecosystem b) Grassland ecosystem c) Desert ecosystem d) Aquatic ecosystems (ponds, streams, lakes, rivers, oceans, estuaries) • Levels of biological diversity: genetic, species and ecosystem diversity; Biogeographic zones of India; Biodiversity patterns • India as a mega-biodiversity nation; Endangered and endemic species of India • Threats to biodiversity: Habitat loss, poaching of wildlife, man-wildlife conflicts, biological invasions; Conservation of biodiversity: In-situ and Ex-situ conservation of biodiversity. • Ecosystem and biodiversity services: Ecological, economic, social, ethical, aesthetic and Informational value UNIT II: Human Communities and the Environment • Human population growth: Impacts on environment, human health and welfare. • Resettlement and rehabilitation of project affected persons; case studies. • Disaster management: floods, earthquake, cyclones and landslides. • Environmental movements: Chipko, Silent valley, Bishnois of Rajasthan. • Environmental ethics: Role of Indian and other religions and cultures in environmental conservation. • Environmental communication and public awareness, case studies (e.g. CNG vehicles in Delhi).									
10	Assessment Pattern Scheme of Examination and Assessment Pattern Paper – 50 Marks External Examination: Semester End External - 30 marks Time: 1:00 hours Format of Question Paper Attempt any 3 out of 4 questions. <table><tr><th>Question No.</th><th>Nature of Questions</th><th>Marks</th></tr><tr><td>Q.1</td><td>Theory based on Unit I</td><td>10</td></tr><tr><td>Q.2</td><td>Theory based on Unit I</td><td>10</td></tr></table>	Question No.	Nature of Questions	Marks	Q.1	Theory based on Unit I	10	Q.2	Theory based on Unit I	10
Question No.	Nature of Questions	Marks								
Q.1	Theory based on Unit I	10								
Q.2	Theory based on Unit I	10								

Q.3	Theory based on Unit II	10
Q.4	Theory based on Unit II	10
		Total 30

Internal Examination: Continuous Evaluation - 20 marks

	Assessment / evaluation	Marks
1.	Class Test, Creative writing/visits/role play (Short notes/ MCQ's/ Match the Pairs/ Answer in one sentence/ Quiz)	10
2.	Project /Presentation / Viva/Group Discussion/Case study	10
		Total 20

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REFERENCES :

1. Carson, R. 2002. Silent Spring. Houghton Mifflin Harcourt.
2. Gadgil, M., & Guha, R. 1993. This Fissured Land: An Ecological History of India. Univ. of California Press.
3. Gleeson, B. and Low, N. (eds.) 1999. Global Ethics and Environment, London, Routledge.
4. Gleick, P. H. 1993. Water in Crisis. Pacific Institute for Studies in Dev., Environment & Security. Stockholm Env. Institute, Oxford Univ. Press.
5. Sodhi, N.S., Gibson, L. & Raven, P.H. (eds). 2013. Conservation Biology: Voices from the Tropics. John Wiley & Sons.
6. Thapar, V. 1998. Land of the Tiger: A Natural History of the Indian Subcontinent.
7. Warren, C. E. 1971. Biology and Water Pollution Control. WB Saunders.
8. Wilson, E. O. 2006. The Creation: An appeal to save life on earth. New York: Norton.
9. Harper, Charles L. (2017) Environment and Society, Human Perspectives on Environmental Issues 6th Edition. Routledge.
10. Rajagopalan, R. (2011). Environmental Studies: From Crisis to Cure. India: Oxford University Press.
11. Harris, Frances (2012) Global Environmental Issues, 2nd Edition. Wiley- Blackwell.

Name & Signature of the Dean & Ad-hoc BoS Chairperson (Interdisciplinary):

Dr. Nitin Arekar



**Smt. Chandibai Himathmal Mansukhani College
(Autonomous)**

First Year B.A.

Semester- I

Vertical - 6

On-Job Training (OJT)-2Credits

Field Project (FP) -2Credits

Community Engagement Program (CEP) -2Credits

Co-Curricular Course (CC) -2Credits

Research Project (RP) -2Credits

Not Applicable

**with effect from
Academic Year 2025-2026**